



**THE CASTLE ROCK
SCHOOL**

Lionheart Educational Trust

YEAR 10 OPTIONS 2023



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OPTIONS 2023



Castle Rock - The Castle Rock School

castlerock.org.uk

SISRA Mathsbox MathsBot Yahoo SIMS ID Castle Rock

HOMEABOUT USPROSPECTIVE STUDENTSCURRENT STUDENTSCURRENT PARENTSNEWS & EVENTSCAREERSCURRICULUMCONTACT

STUDENT SUPPORT

- E-Safety
- Support & Wellbeing

EXAMS

- Exam Timetable
- Assessment & Schedule

EXTRA CURRICULAR

- Beyond the Classroom
- Physical Education Extra-curricular
- Duke of Edinburgh

STUDENT LEADERSHIP

- Student Leadership

POST-16

- Super Curriculum
- UCAS Information
- Gap Year Information
- Expectations
- Typical Sixth Form Day
- Careers

OFFICE 365

- Office 365

YEAR 10 OPTION

- Introduction
- How To Complete Options Online
- Options Booklet 2023
- Options Evening Invite Letter

LIONHEART TEACH

As part of the Lionheart Educational Trust, our group of schools offer a school-direct teacher training programme for anyone wishing to train as a teacher. Applications for 2023 entry will open during autumn 2022.

FIND OUT MORE

https://www.castlerock.org.uk/media/k3efqcpv/introduction.pdf

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04/01/2023

PUPIL CENTRED, POSITIVE AND PROFESSIONAL



YEAR 10 OPTION

Introduction

How To Complete Options Online

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Core Curriculum

All students will follow the core curriculum

Accredited

English (Language and Literature)

Mathematics

Science (Combined or Separate)

5 or 6 GCSEs

Non-Accredited

Physical Education

Religious Education

Careers

Personal, Social and Health Education
(PSHE)

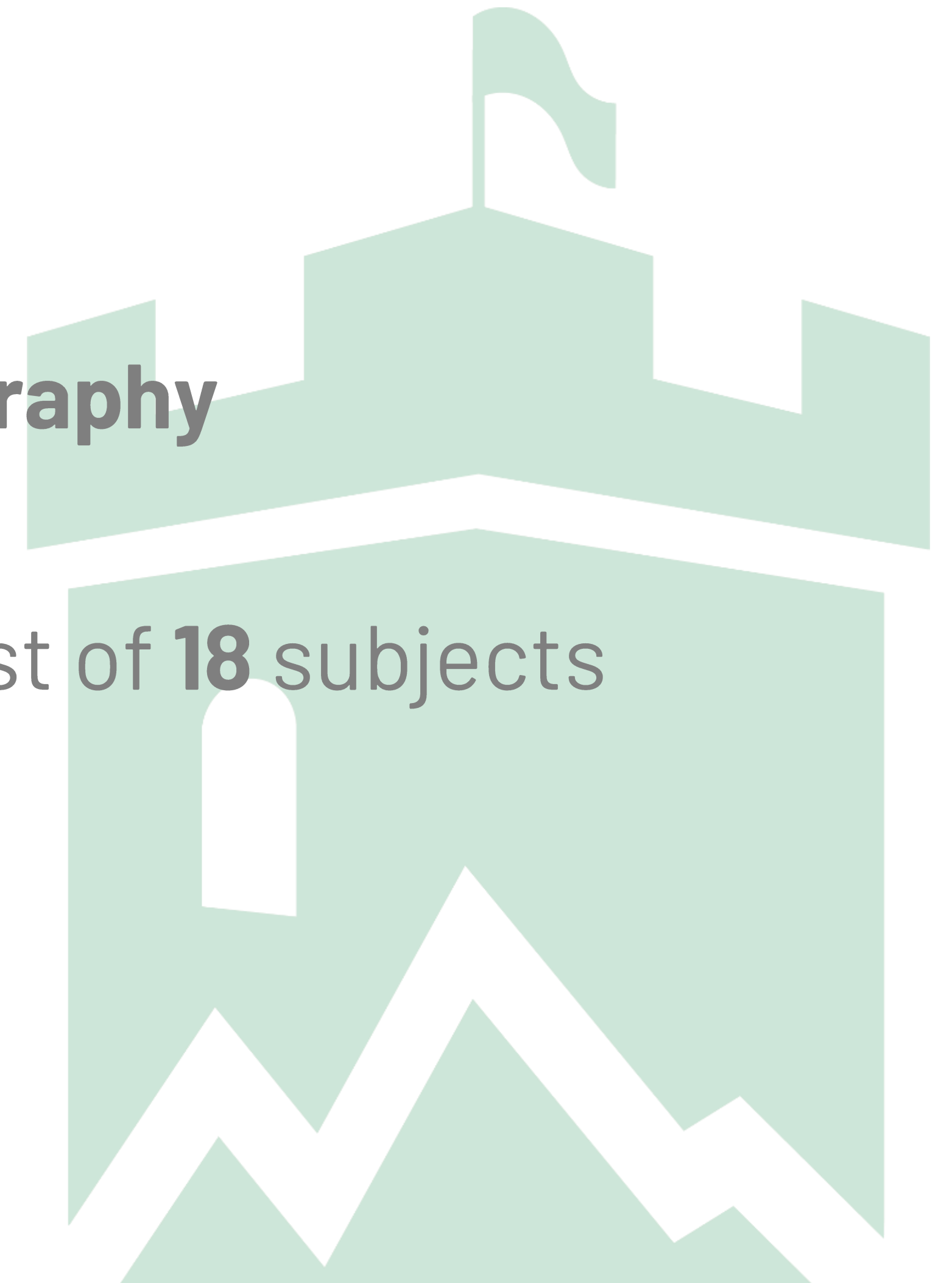
Relationships and Sex Education (RSE)



Options

All students will choose four subjects to study

- One choice must be between **History** and **Geography**
- The three other choices will be picked from a list of **18** subjects



THE SUBJECTS ARE:



- Art
- Business
- Design Technology
- Drama
- Food Preparation and Nutrition
- French
- Geography
- History
- Media Studies
- **Psychology**
- Religious Studies

- Textiles
- **Sociology**
- **Statistics**
- City and Guilds Hair and Beauty
- CNAT Creative iMedia
- CNAT Health and Social Care
- CNAT Sports Fitness
- BTEC Technical Award in Music Performance
- **BTEC Technical Award in Performing Arts (Dance)**

OPTIONS



Block B

In block B, students must make a first choice and a reserve choice. They will receive one of these choices. Do not choose a subject that you have already picked in another block. There should be one subject in blue (first choice) and one subject in orange (reserve choice) when you have completed this block.

You have chosen 0 of 1 ☒ courses and 0 of 1 ☒ reserves from this list

Art GCSE 9 - 1 Full Course

Reserve

This course is also available in Block C

Design Technology GCSE 9 - 1 Full Course

Reserve

This course is also available in Block C

Food GCSE 9 - 1 Full Course

Reserve

This course is also available in Block C

French GCSE 9 - 1 Full Course

Reserve

Hairdressing & Beauty Level 1/2 Certificate

Reserve

Health and Social Care

Cambridge Nationals Certificate Level 1 & 2

Reserve

This course is also available in Block D

Creative iMedia

Cambridge Nationals Certificate Level 1 & 2

Reserve

This course is also available in Block D

Sport and Fitness

Cambridge Nationals Certificate Level 1 & 2

Reserve

This course is also available in Block C

OPTIONS



Block C


In block C, students must make a first choice and a reserve choice. They will receive one of these choices. Do not choose a subject that you have already picked in another block. There should be one subject in blue (first choice) and one subject in orange (reserve choice) when you have completed this block.

Please note that Performing Arts refers to Performing Arts (Dance)

You have chosen 0 of 1 ☒ courses and 0 of 1 ☒ reserves from this list


Art GCSE 9 - 1 Full Course

Reserve

 This course is also available in Block B

Food GCSE 9 - 1 Full Course

Reserve

 This course is also available in Block B

Religious Education GCSE 9 - 1 Full Course


Reserve

Textiles GCSE 9 - 1 Full Course

Reserve

Business Studies GCSE 9 - 1 Full Course

Reserve

 This course is also available in Block D


Performing Arts BTEC Tech Award Level 1/2

Reserve

Sport and Fitness


Cambridge Nationals Certificate Level 1 & 2

Reserve

 This course is also available in Block B

Design Technology GCSE 9 - 1 Full Course

Reserve

 This course is also available in Block B

Psychology GCSE 9 - 1 Full Course

Reserve

 This course is also available in Block D

Statistics GCSE 9 - 1 Full Course

Reserve

OPTIONS



Block D

In block D, students must make a first choice and a reserve choice. They will receive one of these choices. Do not choose a subject that you have already picked in another block. There should be one subject in blue (first choice) and one subject in orange (reserve choice) when you have completed this block.

You have chosen 0 of 1 ☒ courses and 0 of 1 ☒ reserves from this list

Business Studies GCSE 9 - 1 Full Course

Reserve

This course is also available in Block C

Drama GCSE 9 - 1 Full Course

Reserve

History GCSE 9 - 1 Full Course

Reserve

This course is also available in Block A

Health and Social Care

Cambridge Nationals Certificate Level 1 & 2

Reserve

This course is also available in Block B

Creative iMedia

Cambridge Nationals Certificate Level 1 & 2

Reserve

This course is also available in Block B

Media Studies GCSE 9 - 1 Full Course

Reserve

Music Technology BTEC Tech Award Level 1/2

Reserve

Psychology GCSE 9 - 1 Full Course

Reserve

This course is also available in Block C

Sociology GCSE 9 - 1 Full Course

Reserve

KEY POINTS TO CONSIDER?

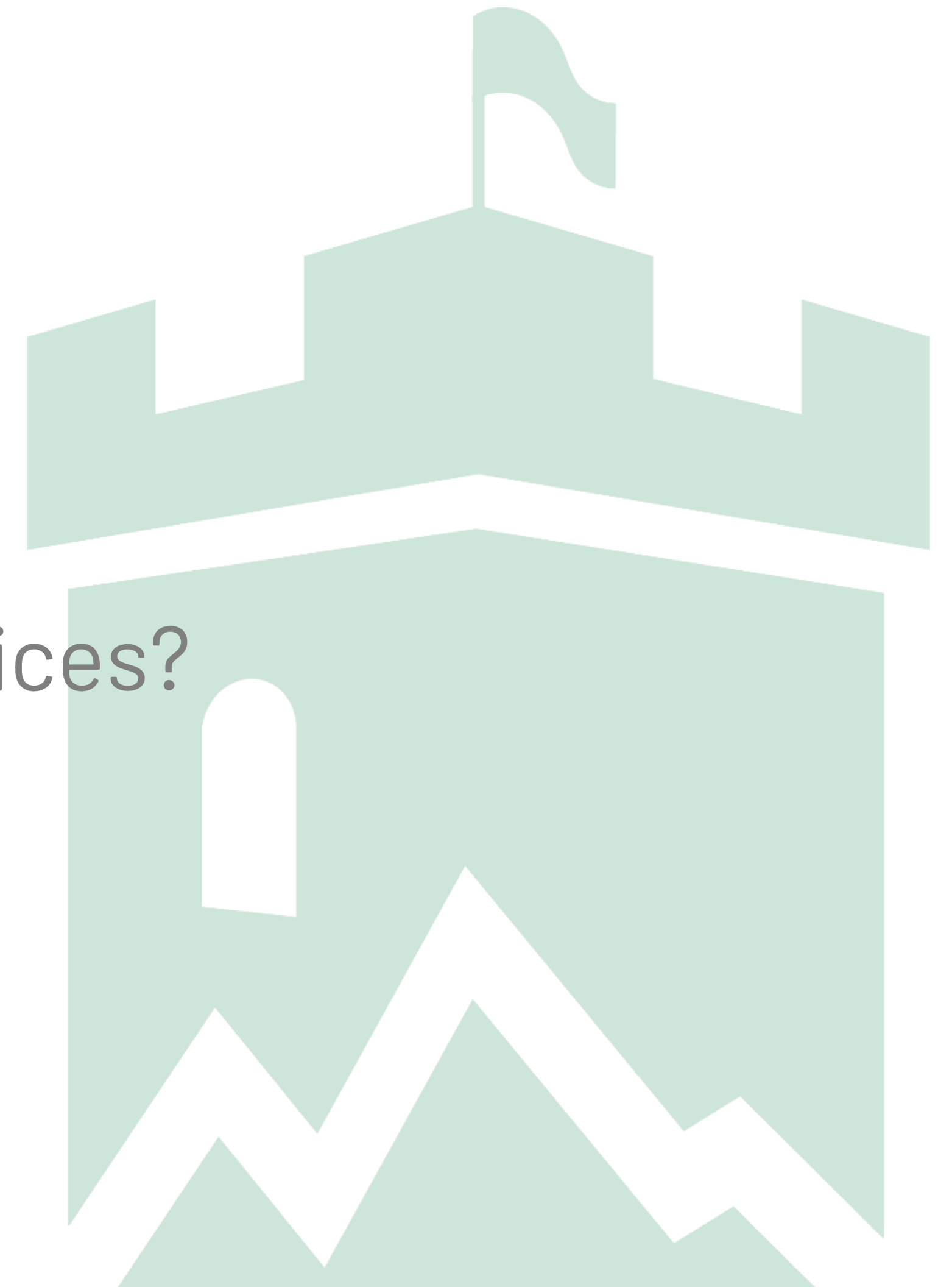


- Students tend to achieve better outcomes in the subjects they enjoy
- **Do not** think about what your friends are choosing
- **Do not** think about which teacher is teaching what subject

FREQUENTLY ASKED QUESTIONS



- Will I get all of my first choices?
- I want to do two subjects in one box?
- There are no subjects I want to do in a box!
- I want to do a subject that is not in the list
- What happens if I am late submitting my choices?
- What happens if I change my mind?
- How are the places allocated?



KEY DATES



- Wednesday 4 January
- Assembly for students to launch process
- Thursday 5 January
- Options Evening for parents and students
- **Friday 20 January**
- Deadline for completing online Options form
- Wednesday 24 May
- Confirmed Option Subject Letters



