

Lesson	Week Beginning	Year 10	Year 11	Year 12	Year 13
1	05 September 2022	Adolescence: Managing Emotions	Perseverance and Procrastination	Managing Work Life Balance	Monitoring Personal Health and Wellbeing
2	12 September 2022	Reframing Negative Thinking	The Importance of Sleep	Signs of Emotional or Mental Ill Health	Making Health Choices
3	19 September 2022	Signs of Emotional and Mental Ill-Health	Dealing with Change	Stress Management Strategies	Illnesses That Affect Young People
4	26 September 2022	Promoting Mental and Emotional Wellbeing	Exam Stress Management	Effects of Body Image	How to Perform Screening
5	03 October 2022	Mental Health and the Media	Creating Online Content	Influences and Risks Relating to Body Alterations	Contraception: STIs
6	10 October 2022	Challenging Stereotypes: Misinformation	Managing Time Effectively	Assessment and Feedback	Assessment and Feedback
HT	17 October 2022				
7	24 October 2022	Assessment and Feedback	Assessment and Feedback	Evaluating Strengths, Skills and Interests	Global Market and Choices
8	31 October 2022	Electoral Systems	Using Constructive Feedback	Writing a CV	Application Processes for the Future
9	07 November 2022	Collection of Data and Targeted Advertising	Writing CVs and Personal Statements	Rights and Responsibilities: Full and Part Time	Building a Professional Online Presence
10	14 November 2022	Key Elements of The UK Constitution	Interview Technique	Being Professional	Challenging Online Content
11	21 November 2022	Budgeting, Saving and Debt	Maximising Employability Including Online	Overcoming Adversity in the Workplace	Social Media: Uses and Risks
12	28 November 2022	Gambling and Debt	Rights and Responsibilities: Part Time	Assessment and Feedback	Assessment and Feedback
13	05 December 2022	Assessment and Feedback	Assessment and Feedback	Challenging Prejudice: Equality Act	Communicating Expectations
14	12 December 2022	Relationship Values and The Role of Pleasure	Core Values and Emotions	Celebrating Diversity and Inclusion	Contraception: Which to Use and When
HT	19 December 2022				
HT	26 December 2022				
15	02 January 2023	Misconceptions in Relationships	Gender Identity and Sexual Orientation	Cultural Influences on Relationships	
16	09 January 2023	Risks and Benefits of Online Relationships	Communication in Relationships	Effective Communication in Relationships	How to Access Sexual Health Guidance
17	16 January 2023	Media Impact on Sexual Expectations	Handling Unwanted Attention	Challenging Discrimination: Online	Fertility
18	23 January 2023	Consent: Manipulation and Co-Ercion	Challenging Harassment	Extremism and Radicalisation	Unplanned Pregnancy
19	30 January 2023	Challenging Victim Blaming	Relationships and Abuse	Assessment and Feedback	Assessment and Feedback
20	06 February 2023	Assessment and Feedback	Unhealthy and Exploitative Relationships	Setting Aspirational Goals	Budgeting for a Change in Circumstance
21	13 February 2023	Role Models and Their Influence	Forms of Government	Evaluating the Labour Market	Salary Deductions and Savings Options
HT	20 February 2023				
22	27 February 2023	Media Portrayal of Gang Culture	Improving Your Local Community	Evaluating PS18 Choices	Financial Contracts
23	06 March 2023	Impact of Drugs and Alcohol on Others	Dealing with Complex Issues Within the Law	Evaluating Financial Implications of PS18 Choices	Risks of Financial Ventures
24	13 March 2023	Managing Peer Influence	Screening and Self Examination	Managing Credit and Debt Arrangements (SLC)	Media: Recognising Propaganda
25	20 March 2023	Exit Strategies for Pressured Situations	Cosmetic and Aesthetic Body Alterations	Assessment and Feedback	Assessment and Feedback
26	27 March 2023	Assessment and Feedback	Assessment and Feedback	Consent: Assertiveness in Decisions	Managing Mature Friendships
HT	03 April 2023				
HT	10 April 2023				
27	17 April 2023	Inclusion and Belonging Within Communities	Changing Family Structures	Consent: Emotional, Physical, Social and Legal Consequences	Managing Transitions to a New Life Phase
28	24 April 2023	Equality Act and Protected Characteristics	Fertility	Identifying Signs of Abuse	Maintaining Healthy Relationships
29	01 May 2023	Social Media: Influences on Beliefs and Opinions	Ready for Parenthood	Attitudes Towards Sexual Assaults	Negotiating Boundaries in Relationships
30	08 May 2023	Managing Conflicting Views	Unplanned Pregnancy	Recognising Manipulation and Co-Ercion	Managing Strong Emotions
31	15 May 2023	Challenging Discrimination	Loss and Grief	Forced Marriages	Gangs and Carrying a Weapon
32	22 May 2023	Recognising and Responding to Radicalisation	Forced Marriage	Assessment and Feedback	Assessment and Feedback
HT	29 May 2023				
33	05 June 2023	Assessment and Feedback		Managing Risk and Personal Safety: Online	
34	12 June 2023	Evaluating Strengths and Weaknesses		Managing Risk and Personal Safety: Travelling	
35	19 June 2023	Opportunities in Learning and Work		Rights and Responsibilities: Travelling	
36	26 June 2023	Responsibilities in the Workplace		Performing First Aid	
37	03 July 2023	Building on and Learning from Work Experience		Impacts of Substance Abuse	
38	10 July 2023	Assessment and Feedback		Assessment and Feedback	