



November 2022

RE: Relationships, Sex and Health Education (RSHE)

Dear Parent/Carers,

Government guidelines outline that, from the age of 11, it is compulsory for all schools to provide students with a Relationships, Sex and Health Education curriculum, (RSHE).

The purpose is to provide students with the knowledge and understanding of safe and healthy relationships based on respect. They also need this knowledge, to make well-informed choices that keep them safe now and in their adult life.

The same themes will be delivered to all key stages, but built upon in an age appropriate manner.

Themes covered:

1. Positive relationships
2. Relationships values
3. Bullying, abuse and discrimination
4. Social influences
5. Forming and maintaining respectful relationships on-line
6. Consent
7. Puberty and sexual health
8. Intimate and sexual relationships
9. Contraception and parenthood

We will begin delivering the 'Relationships and Sex Education' element from Monday 17th April 2023.

Please find further details relating to this via the following link:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

Should you wish to discuss this further, please contact Mrs Mace, Assistant Headteacher.

Many thanks in advance for your support.

Yours faithfully

Mr A Grainge