



**THE CASTLE ROCK
SCHOOL**
Lionheart Educational Trust

Options Booklet 2023



Contents

Welcome	3
Our Curriculum	4
Qualification Levels	5
Key dates	5
Subjects	6
Art	6
Business	7
Design Technology	8
Drama	9
Food Preparation and Nutrition	10
French	11
Geography	12
History	13
Media Studies	14
Psychology	15
Religious Studies	16
Textiles	17
Sociology	18
Statistics	19
City and Guilds Hair and Beauty	20
CNAT Creative iMedia	21
CNAT Health and Social Care	22
CNAT Sports Fitness	23
BTEC Technical Award in Music Performance	24
BTEC Technical Award in Performing Arts (Dance)	25
Frequently Asked Questions	26



**THE CASTLE ROCK
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Welcome

Dear Students,

You are about to make some very important decisions about which courses to specialise in and we want to help you to make the best choices for you. These choices will be your GCSE courses starting in Year 10 and examined in Year 11.

Selecting subjects to specialise in is an opportunity to engage with subjects on a broader and increasingly advanced level; accelerate the acquisition of knowledge; expand your subject-specific vocabulary; and foster an excitement and enjoyment in domain specific skills.

This information provides details about all of the courses we offer. This is an extremely important but also a very exciting choice. You should talk about your options with your family, your tutor, subject teachers and school leaders. Think carefully about which subjects you are good at, which you enjoy and which subjects might be useful for your future aspirations.

Take time to read this booklet thoroughly, talk to the staff and your parents.

I wish you every success.

Mr A. Grainge

Associate Headteacher, The Castle Rock School



Our Curriculum

Castle Rock's curriculum is designed to meet the needs and aspirations of our learners. There are three elements to the curriculum: core subjects, option subjects and essential non-accredited subjects.

Core Curriculum

All students will follow the core curriculum which will contribute either 5 or 6 GCSEs dependant on their science course. The subjects included are as follows:

Mathematics

English Language and English Literature (2 GCSEs)

Science (The majority of students will take combined science which is worth two GCSEs. Those students that demonstrate an aptitude for science will sit the individual science GCSEs of Biology, Chemistry and Physics worth three GCSEs. This would be recommended for any students wishing to study science at A Level.)

Option Subjects

Castle Rock is able to offer a wide range of subjects for students to choose from. There are nineteen subjects available, with three types of qualification available:

GCSEs – Seen by many as the traditional approach to learning. Students are assessed by an exam or series of exams at the end of the course. Grades are 1 to 9.

Cambridge Nationals (CNAT) - Increasingly popular vocational qualifications that are usually made up of a series of units alongside a terminal exam. Grades are Pass, Merit or Distinction at Level 1 or 2.

BTEC Technical Awards – Similar to CNAT qualifications, BTEC Technical Awards are a new suite of qualifications that offer more practical learning opportunities. They are also assessed by a series of units alongside a terminal exam. Grades are Pass, Merit or Distinction at Level 1 or 2.

Students will make take four option subjects. All courses on offer are equivalent to one GCSE.

All students must choose History or Geography alongside three other choices. The choices are to be made online using our Options gateway. This can be accessed via the website where there is also a guide to completing the process.

Non-accredited Subjects

These subjects are compulsory for all students. They are studied throughout Key Stage 4 but are not assessed at the end of the course and do not lead to a qualification. The subjects are:

- Physical Education
- Religious Education
- Careers
- Personal, Social and Health Education (PHSE)
- Relationships and Sex Education (RSE)



Qualification Levels

Throughout this process, subject documentation will refer to levels 1, 2 or 3.

Key Stage 4 subjects will be level 1 or 2. Level 1 is a Foundation level course leading to grades 1 to 4, Level 2 is a Higher-level qualification leading to grades 5 to 9.

GCSE subjects are graded 1 to 9 with 9 being the highest grade.

Level 3 refers to A level qualifications or equivalent.

Key Dates

Wednesday 4 January	Assembly for students to launch process
Thursday 5 January	Options Evening for parents and students
Friday 20 January	Deadline for completing online Options form
Wednesday 24 May	Confirmed Option Subject Letters
Friday 16 June	Appeal Deadline
Friday 23 June	Option Appeal Letters sent out
Friday 29 September	Final day for subject changes



GCSE Art

Course Content and Assessment

The GCSE Course in Art and Design caters for students who are passionate about Art and enjoy using a broad range of art materials and techniques to create work that is creative and experimental.

Students will work on a range of projects that allow them to grow in independence, researching the work of others.

Coursework:

Students create a 'portfolio' of work consisting of at least two distinct units of work which will be based on specific briefs or themes, one of which will be chosen by the student. These two coursework projects make up 60% of the GCSE grade.

Exam:

Students respond to one starting point from the examination paper which will be issued in the January of the second year. Students have approximately twelve weeks to prepare for the final examination. The examination is a practical exam and lasts for 10 hours, this is typically carried out over two full days in school.

Type of qualification

GCSE Art and Design – Fine Art (AQA)

<http://www.aqa.org.uk/subjects/art-and-design/gcse/art-and-design-8201-8206/specification-at-a-glance>

Progression to Sixth Form

Students can continue to study a range of Art and Design skills in the Sixth Form via the Art, Craft and Design A Level that we offer. The Fine Art GCSE, Textiles GCSE and Design Technology GCSE options would all allow students to make progress on to this course.

Possible Careers Associated with this pathway

- TV
- Film
- Illustration
- Graphic Design
- Fashion
- Set Design
- Advertising
- Multimedia Industries
- Interior Design
- Teaching



GCSE Business

Course Content and Assessment

Business is an exciting and challenging subject which will introduce students to the dynamic world of business. It covers a broad range of topics that are designed to provide each individual with the knowledge and understanding that underpins modern businesses, as well as providing students with transferable skills which they will later utilise.

Students opting for GCSE Business will study the Edexcel 9-1 Specification. The course develops a detailed analysis of the different functions within Business, and is organised into two external examined themes:

Theme 1: Investigating Small Business

Written examination: 1 hour and 30 minutes

50% of the qualification, 90 marks

Theme 2: Building a Business

Written examination: 1 hour and 30 minutes

50% of the qualification, 90 marks

Type of Qualification

GCSE Business Studies (EDEXCEL)

<https://qualifications.pearson.com/en/qualifications/edexcel-gcses/business-2017.html>

Potential Careers

- Business analyst
- Business development manager
- Business project manager
- Customer services manager
- Digital marketer
- Estate agent
- Financial adviser
- Sales manager
- Human resources officer
- Investment analyst
- Management consultant
- Market researcher
- Accountancy
- Public relations officer
- Retail buyer
- Retail merchandiser

Progression to 6th Form

A business qualification can lead onto further study of Business Studies at A level. Students will also develop the transferable skills of analysis and evaluation which could support them in their future choices studying a range of other subjects.



GCSE Design and Technology

Course Content and Assessment

The course allows students to actively engage in design technology. Students are encouraged to examine the world of products and devise their own. The course focuses on developing an understanding of key questions concerning product design. Why do products look the way they do? What makes people want to buy products? How do products affect the environment? What are products made from and why was the material chosen? What is the source of different materials? What impact do they have on the global environment? During the course, students will have the opportunity to manufacture their own prototype.

GCSE Design and Technology is assessed through a combination of written examination and coursework.

Paper 1: (50% of the GCSE) 2 hours

Non-Examined Assessment (NEA): (50% of the GCSE) Students will produce a working prototype and a portfolio of evidence from the material area of their choice or from a combination.

Type of Qualification

GCSE Design and Technology (AQA)

<https://www.aqa.org.uk/subjects/design-and-technology/gcse/design-and-technology-8552>

Potential Careers

- Product Designer
- Marketing and Advertising
- Web Design
- Architect
- Engineer
- Design Manufacturer

Progression to 6th Form

Students can continue to study Product Design in the Sixth Form as an A-Level qualification. GCSE Design Technology can also aid progression into a variety of Art & Design subjects in the sixth form, including Photography, Textiles, Fine Art and Graphic Design.



GCSE Drama

Course Content and Assessment

This acting course is suitable for students who have demonstrated a level of enthusiasm, motivation and dedication to performing arts and in particular drama. Students choosing this course must be willing to perform. Students gain a practical understanding of drama and apply this knowledge to their performances as they develop their practical skills. Students can choose to be a performer or can take on the role of designer in lighting, sound, set or costume. Students must choose one role throughout the component but can choose different roles.

There are 3 assessed components:

Component 01/02: Devising drama—Students research and explore a stimulus, work collaboratively and create their own devised drama. They complete a portfolio of evidence during the devising process, give a final performance of their drama, and write an evaluation of their own work. This is an internal assessment 30%

Component 03: Presenting and performing texts—Students develop and apply theatrical skills in acting or design by presenting a showcase of two extracts from a performance text. This is an internal assessment 30%

Component 04: Drama: Performance and response—Students explore practically a whole performance text, and demonstrate their knowledge and understanding of how drama is developed, performed and responded to. They also analyse and evaluate a live theatre performance throughout the course. This is a written external exam—40%

Type of Qualification

OCR GCSE DRAMA

<https://www.ocr.org.uk/qualifications/gcse/drama-j316-from-2016/>

Potential Careers

- Actor/Director
- Stage Manager
- Lighting Designer
- Fight Director
- Uniformed Services
- Law
- Producer
- Sales/Marketing Manager
- Arts Administrator
- Social Worker

Progression to 6th Form

GCSE Drama provides a solid foundation for further study in the Sixth Form.



GCSE Food Preparation and Nutrition

Course Content and Assessment

GCSE Food Preparation and Nutrition is an exciting and creative course which focuses on practical cooking skills to ensure students develop a thorough understanding of nutrition, food provenance and the working characteristics of food materials.

Food preparation skills are integrated into five core topics:

- Food, nutrition and health
- Food science
- Food safety
- Food choice
- Food provenance

GCSE Food and Nutrition is assessed through a combination of written examination and non-examined assessment.

Paper 1: Food Preparation & Nutrition (50% of the GCSE) 1 hr 45 minutes

Non-Examined Assessment (NEA): (50% of the GCSE)

Task 1: Food Investigation (30 marks) Written report (1500—2000 words) including photo-graphic evidence of practical investigations.

Task 2: Food Preparation Assessment (70 marks) Written portfolio including photo-graphic evidence.

Type of Qualification

<https://www.aqa.org.uk/subjects/food/gcse/food-preparation-and-nutrition-8585>

Potential Careers

- Chef
- Food Journalist
- Dietitian
- Food Scientist
- Community Health Worker
- Environmental Health Officer
- Personal Trainer
- Nutritionist
- Food Stylist

Progression to 6th Form

This qualification leads to further study at A-level or can enable students to embark on apprenticeships in the catering and food industries.



GCSE French

Course Content and Assessment

Students will learn to communicate in a variety of real- life situations, from booking a hotel to eating out in a restaurant, as well as deepening their knowledge of the culture and civilization of the countries where French is spoken. GCSE French places a strong emphasis on grammatical accuracy and understanding the culture of France.

Students sit four exams at the end of year 11 in listening, reading, speaking and writing. There is no coursework element to the examination.

The speaking exam will be a terminal exam conducted by the class teacher and sent to the exam board for marking.

- Paper 1: Listening & Understanding in French (25% of GCSE)
- Paper 2: Speaking in French (25% of GCSE)
- Paper 3: Reading & Understanding in French (25% of GCSE)
- Paper 4: Writing in French (25% of GCSE)

Type of Qualification

GCSE French (Pearson - Edexcel)

<https://qualifications.pearson.com/en/qualifications/edexcel-gcses/french2016.html>

Potential Careers

- Leisure and Tourism
- Teaching and Translating
- Marketing and Recruitment
- Diplomatic Service / Aid Sector
- Exports
- Journalism
- Academic Research
- International Law

With increasing use of new technologies (i.e. the internet and faster travel) many companies are looking to employ people with good language qualifications. Having a language qualification is a real asset and gives students an edge when applying for a job or seeking promotion within their chosen career.

Progression to 6th Form

French is a highly valued academic qualification which, as an EBacc subject, will provide an ideal platform for A-Level study. Students can go on to study A-Level French.



GCSE Geography

Course Content and Assessment

GCSE Geography enables students to develop their geographical skills alongside investigative, mathematic and statistic skills. Fieldwork will be carried out as part of the course, and this will feed in to the written exams.

Key topics within the specification include:

- The influence of people on their surroundings
- Where different geographical features are located in the world
- Using maps to describe and explain patterns
- Understanding local geographical features
- The impact of volcanoes and earthquakes
- Possible consequences of global warming
- Problems associated with an increase in the global population
- The increasing use of the world's resources

The course is assessed through three exam papers

- Paper 1: Global Geographical Issues (37.5% of GCSE) 1 hr 30 minutes
- Paper 2: UK Geographical Issues (37.5% of GCSE) 1 hr 30 minutes
- Paper 3: People & Environment Issues (25% of GCSE) 1 hr 30 minutes

Type of Qualification

GCSE Geography (Pearson - Edexcel)

<https://qualifications.pearson.com/en/qualifications/edexcel-gcses/geography-b2016.html>

Potential Careers

- Transport Management
- Environmental Management
- Accountant
- Meteorologist
- Geologist
- Scientist
- Explorer
- Town Planner
- Weather Presenter
- Climatologist
- Teaching

Progression to 6th Form

Geography is a highly valued academic qualification which, as an EBacc subject, will provide an ideal platform for A-Level study in a wide range of subjects, including A Level Geography.



GCSE History

Course Content and Assessment

GCSE History enables students to develop analytical and debating skills whilst gaining confidence in interpreting source materials.

Key topics within the specification include:

- Medicine through time c1250 - present, including the historic environment of the British sector of the trenches on the western front, 1914-18.
- Early Elizabethan England 1558 - 88
- Superpower relations and the Cold War 1941 - 91
- Weimar and Nazi Germany 1918 - 39

The course is assessed through three exam papers:

- Paper 1 (30% of the GCSE) 1 hour 15 minutes
- Paper 2 (40% of the GCSE) 1 hour 45 minutes
- Paper 3 (30% of the GCSE) 1 hour 20 minutes

Type of Qualification

GCSE History (Pearson - Edexcel) <https://qualifications.pearson.com/en/qualifications/edexcel-gcses/history2016.html>

Possible Careers Associated with this Subject

- Journalism
- Publishing
- Teaching
- Sales and Marketing
- Law
- Broadcast Media
- Television
- Advertising
- Politics
- International Relations

Progression to 6th Form

History is a highly valued academic qualification which, as an EBacc subject, will provide an ideal platform for A-Level study in a wide range of subjects, including A Level History.



GCSE Media Studies

Course Content and Assessment

GCSE Media Studies engages students in the in-depth study of media products in relation to the four areas of the theoretical framework:

- media language
- media representation
- media industries
- media audiences.

Students are required to study media products from all of the following media forms:

- television
- film
- radio
- newspapers
- magazines
- advertising and marketing
- online, social and participatory media
- video games
- music video

Type of Qualification

Two written exams of 1 hour 30 minutes each (35% each)

Non-exam Assessment – Creating a Media Project (30%) based on one of five annually changing briefs, set by AQA worth 60 marks. Assessed by teachers, moderated by AQA.

Potential Careers

- Film-making
- Magazines
- Photography
- Advertising

Progression to 6th Form

Media can be studied further in 6th form but will also provide the skills for other courses as aspects of Sociology, Politics, Business and History run throughout the course.



GCSE Psychology

Course Content and Assessment

This qualification introduces students to the fundamentals of psychology, developing critical analysis, independent thinking and research skills.

Topics:

Development- How did you develop?

Memory- How does your memory work?

The brain and neuropsychology- How does your brain affect you?

Social Influence- How do others affect you?

Psychological Problems- How would Psychological Problems affect you?

Criminal Psychology- Why do people become criminals?

Sleep and Dreaming- Why do you need to sleep and dream?

Research Methods- How do you carry out psychological research?

Type of Qualification

GCSE consisting of 2 exam papers:

- Paper 1- 98 marks 1hr 45mins
- Paper 2- 79 marks 1 hr 20 mins

Potential Careers

- Psychiatry
- Educational Psychology
- Forensic Psychology
- Health Psychology
- Clinical Psychology
- Counselling Psychology
- Nursing
- Teaching
- Social Work
- Police
- Armed Forces
- Media and Broadcasting Advertising
Sales Marketing
- Law Nursery Nursing
- Medicine Retail
- anything that involves working with people.

Progression to 6th Form

Psychology is an incredibly popular subject at A level. Students who have studied GCSE Psychology beforehand get a head start and do well but many students also take the subject up at A Level not having taken it at GCSE. We also have increasing numbers choosing to study psychology-based subjects at university.



GCSE Religious Studies

Course Content and Assessment

Component 1: Religious, Philosophical and Ethical Studies in the Modern World

(Written examination: 2 hours - 50% of qualification)

Theme 1: Issues of Relationships

Theme 2: Issues of Life and Death

Theme 3: Issues of Good and Evil

Theme 4: Issues of Human Rights

Component 2: Study of Christianity (Written examination: 1 hour - 25% of qualification)

Component 3: Study of Buddhism (Written examination: 1 hour - 25% of qualification)

Type of Qualification

GCSE Religious Studies (Eduqas)

<https://www.eduqas.co.uk/media/wpojvjm0/eduqas-gcse-rs-spec-full-from-2016-e-14-05-2020.pdf>

Potential Careers

A qualification in RS / Philosophy and Ethics is valuable in any career that requires an understanding of people and an appreciation of the diverse world we live in. Some examples include:

- Law
- Medicine
- Social / Youth work
- Retail / Hospitality
- Business / HR
- Journalism
- Teaching / Education
- Public Services
- Marketing

Progression to 6th Form

A-level Philosophy; A-level Religious Studies (Philosophy and Ethics) Related subjects include health and social care, geography, law, history, classical civilisation, sociology, philosophy, psychology, government and politics, communication and culture.



GCSE Textiles

Course Content and Assessment

The GCSE Course in Art and Design caters for students of all abilities but is particularly suitable for students who have demonstrated an ability for and enjoy art and design. Students create a 'portfolio' of work which is an extended collection of coursework consisting of at least two distinct units of work which will be based on specific briefs or themes, one of which will be chosen by the student. Students respond to one starting point from the examination paper which will be issued in the January of the second year. Students have twelve weeks to prepare for the final examination. Students respond to the project brief or theme by:

Researching by gathering images through drawing, photography and textile samples.

Developing ideas by experimenting with textile media, textile techniques and design work.

Critical & Contextual, studying the work of textile and fashion designers from around the world to influence and inform students' development.

Realisation creating final outcome(s) as a fashion garment or creative textile.

Unit 1: Portfolio of Coursework = 60%

Unit 2: Practical Examination unit = 40%

Type of Qualification

GCSE Art and Design – Textile Design (AQA)

<http://www.aqa.org.uk/subjects/art-and-design/gcse/art-and-design-8201-8206/specification-at-a-glance>

Potential Careers

- Interior Design
- Costume Design
- Fashion Design
- Textiles Industry
- Theatre Design
- Fashion Buying
- Fashion Merchandising
- Clothing Design
- Teaching

Progression to 6th Form

GCSE Textiles leads into a variety of Art & Design subjects in the sixth form, including Textiles, Photography, Fine Art and Graphic Design.



GCSE Sociology

Course Content and Assessment

GCSE Sociology helps students to gain knowledge and understanding of key social structures, processes and issues through the study of families, education, crime and deviance and social stratification.

Students will develop their analytical, assimilation and communication skills by comparing and contrasting perspectives on a variety of social issues, constructing reasoned arguments, making substantiated judgements and drawing reasoned conclusions.

By studying sociology, students will develop transferable skills including how to:

- investigate facts and make deductions
- develop opinions and new ideas on social issues
- analyse and better understand the social world.

The course is assessed with two written papers at the end of the course, each contributing 50% of the grade. Each paper lasts 1 hour 45 mins.

Type of Qualification

AQA GCSE

<https://www.aqa.org.uk/subjects/sociology/gcse/sociology-8192/specification-at-a-glance>

Potential Careers

- Crime analyst.
- Lawyer.
- Paralegal.
- Law clerk.
- Police officer.
- Probation officer.
- Domestic violence victim advocate.
- Social service case worker.

Progression to 6th Form

A Level Sociology is offered by our 6th Form and is one of our most popular and successful subjects.



GCSE Statistics

Course Content and Assessment

Statistics is a new course for Castle Rock but has been delivered by other schools within the Lionheart Trust for a number of years and is targeted at those students with a secure understanding of mathematics.

The qualification has an overlap with the GCSE Mathematics syllabus which benefits both courses. Statistics are everywhere and this course allows students the opportunity to scrutinise them and assess reliability. GCSE Statistics helps with the application of Statistics to real world issues. Students taking GCSE Statistics also benefit from the vast cross curricula links and will gain an advantage in other subjects that require statistical analysis, such as Science, Geography, Social Sciences, Business Studies and PE.

The course is assessed with two written papers at the end of the course, each contributing 50% of the grade. Each paper lasts 1 hour 30 mins.

Type of Qualification

Edexcel GCSE

<https://qualifications.pearson.com/en/qualifications/edexcel-gcses/statistics-2017.html>

Potential Careers

Qualifications in statistics are highly sought after and lead to many careers including:

- Agriculture
- Computer Science
- Health Science
- Pharmaceutical
- Data analyst
- Data scientist
- Financial risk analyst
- Investment analyst
- Market researcher

Progression to 6th Form

GCSE Statistics feeds into many A Level courses including Maths, Further Maths, Geography and the Sciences.



City and Guilds Hair and Beauty Studies

Course Content and Assessment

This qualification allows students to explore the exciting world of hair and beauty and the environment in which its industries operate. Students will look back in time to explore changing trends and developments within the hair and beauty sector, find out how science is used to create products, and understand why we create images for business use.

Students will study how hair and beauty has developed from ancient times to the present day: ranging from ancient Egypt to 20th century eras, including the Flappers of the 1920's. Students will develop hair styling, make-up and manicure technical skills to produce their own recreations of the looks and photographic image. A programme of basic practical hair and beauty skills will be followed consisting of, shampooing, blow-drying, thermal styling, hair up, skin care, make up application including concealing and contouring and nail art and manicure. You will explore ethics of product testing, the anatomy of the hair, skin and nails and explore how disorders of the hair and skin can affect services.

This qualification has three units:

- Exploring the world of hair and beauty
- Science of hair and beauty
- Design in the hair and beauty sector Assessment: One externally set assignment and one externally set exam.

Type of Qualification

City and Guilds - L2 Technical Award: Hair and Beauty Studies (3038 – 21)

https://www.cityandguilds.com/-/media/productdocuments/beauty_and_complementary_therapies/beauty/3038/level_2/centre_documents/3038-21_qhb_v3-pdf.ashx

Potential Careers

- Make-Up Artist
- Beautician
- Hairdresser
- Nail Technician
- Salon/Spa Manager

Progression to 6th Form

Students can progress on to Level 2 and Level 3 City and Guilds qualifications.



CNAT Creative iMedia

Course Content and Assessment

This qualification will assess the application of creative media skills through their practical use. They will provide students with essential knowledge, transferable skills and tools to improve their learning in other subjects with the aims of enhancing their employability when they leave education, contributing to their personal development and future economic well-being. The qualifications will encourage independence, creativity and awareness of the digital media sector.

This will allow learners to apply fundamental principles and concepts of digital media such as (video games, online publishing e.g. websites, books, interactive media etc. The course will focus on product design the use of media, planning techniques and creation, publishing and distribution considerations. Overall it will allow you to gain independence and confidence in using skills that are relevant to media industry and more IT wide.

The course is split into three modules:

Module 1 is known as Creative iMedia in the media industry. This is assessed by taking an exam. In this unit you will learn about the media industry, digital media products, how they are planned, and the media codes which are used to convey meaning, create impact and engage audiences.

Module 2 is known as Visual identity and digital graphics. This is assessed by completing a coursework assignment. In this unit you will learn to how to develop visual identities for clients and use the concepts of graphic design to create original digital graphics to engage target audiences.

Module 3 is known as Interactive Digital Media. This is assessed by completing a coursework assignment. In this unit you will learn how to plan, create and review interactive digital media.

Type of Qualification

This is a Vocational Qualification. For more information visit:

<https://www.ocr.org.uk/qualifications/cambridge-nationals/creative-imedia-level-1-2-award-certificate-j807-j817/>

Potential Careers

- Graphic Designer
- Website Designer
- Games Designer
- Digital Assistants
- Social Media Specialists
- Advertising Specialists
- Animators
- Creative Directors
- Photo Editors
- Multimedia Artist
- Video & Film Editor

Progression to 6th Form

Students will be able to use their iMedia skills to support other A Level subjects and will clearly be able to show employers and trainers the level of their ICT competence using a recognised qualification.



CNAT Health and Social Care

Course Content and Assessment

This course offers an effective introduction to the health and social care sector, looking at the role the sector plays in the health, well-being and care of individuals. It also introduces students to knowledge and skills needed to work in various care settings. Underpinning the qualification is a focus on person-centred values, rights of individuals, communicating effectively and protecting individuals. In addition, students will focus on supporting individuals through life events and the option to plan and deliver a creative activity or a health promotion campaign.

The qualification is designed to help students learn practical skills that can be applied to real-life contexts and work situations, to think creatively, analytically, logically and critically and develop independence and confidence in using skills that would be relevant to the health and social care sector and more widely.

The Cambridge National Certificate in Health and Social Care consists of three units, which are both externally and internally assessed:

- Principles of care in health and social care settings – externally assessed unit (40%)
- Supporting individuals through life events – internally assessed unit (30%)
- Health promotion campaigns – internally assessed unit (30%)

Type of Qualification

OCR Level 1 / 2 Cambridge National in Health and Social Care

ocr.org.uk/qualifications/cambridge-nationals/health-and-social-care-level-1-2-j835

Potential Careers

There are many career paths available to students that complete a qualification in Health and Social Care. Please note that this is not the correct qualification for students wishing to become

- Adult Nurse.
- Care Worker.
- Community Development Worker.
- Counsellor.
- Health Promotion Specialist.
- Occupational Therapist.
- Social Worker.
- Youth Worker.

Progression to 6th Form

The qualification can lead to further study relating to a variety of health and social care industries and occupations:

- BTEC Health and Social Care
- BTEC Child care
- Diploma in Education and Early Years Services



CNAT Sports Studies

Course Content and Assessment

This aim of this course is to encourage students to think for themselves about the study of sport and the application to real life practical sport, leadership and evaluation of the skills required there. Students will study up to the minute topics affecting sport through the contemporary issues' unit, both play and lead sporting activities, as well as having the chance to either explore the world of outdoor sport or the media.

Students must complete three units:

- One mandatory externally assessed unit (exam)
- One mandatory centre-assessed unit (NEA)
- One optional centre-assessed unit (NEA) from a choice of two.

Type of Qualification

Level 1 / 2 Cambridge National Certificate in Sport Studies (OCR)

<https://www.ocr.org.uk/qualifications/cambridge-nationals/sport-studies-level-1-2-j829/>

Potential Careers

- Armed Forces
- Physiotherapist
- Police
- Fire Service
- Coach
- Athlete
- Personal Trainer
- Nutritionist

Progression to 6th Form

Students can continue to study sports or go into an industry apprenticeship



BTEC Technical Award in Music Performance

Course Content and Assessment

BTEC Music is suitable for students who have demonstrated a level of enthusiasm, motivation and dedication in Music. All students are expected to play an active role in the musical life of the school. The course allows students to choose to develop their performance, production or composing skills.

The course is 100% coursework. For each component students will build a portfolio of evidence through research, assignments and practical tasks. These are internally verified and then verified by an exam board moderator.

Component 1: Exploring Musical Products and Styles – Learners will explore through a series of practical workshops the techniques used in the creation of different musical products and investigate the key features of different musical styles.

Component 2: Music Skills Development – Learners will have the opportunity to develop two musical disciplines of their choice— live performance, production or composing—through engagement in practical tasks, while documenting their progress and planning for further improvement.

Component 3: Responding to a Music Brief (Externally moderated) – Learners will be given the opportunity to develop and present music in response to a given music brief, where they will choose to create a performance or produce a sequence using a DAW of a given song in a new style.

Type of Qualification

BTEC Tech Award Music Practice (Pearson - Edexcel)

<https://qualifications.pearson.com/en/qualifications/btec-firsts/music-2013-nqf.html>

Possible Careers Associated with this Subject

- Music producer
- Music therapist
- Performer
- Sound designer—computer gaming or film and TV
- Sound technician - broadcasting/film/video
- Arts administrator
- Community arts worker
- Event manager
- Marketing executive
- Private tutor
- Radio producer
- Talent agent
- Music management
- Legal work within the music industry
- Uniform services

Progression to Sixth Form

The course provides a solid foundation for studying music in the Sixth Form.



BTEC Technical Award in Performing Arts (Dance)

Course Content and Assessment

This qualification is for learners interested in taking a hands-on course that will offer them an insight into what it is like to work in the performing arts sector. This course enables learners to develop the foundational skills that are integral to a wide range of roles (from performing to designing and directing) across the creative industries. Learners will receive a general introduction to the dance sector, crammed with opportunities to learn and try out new skills, techniques, and styles.

Component 1: Exploring the Performing Arts (Dance)

Learners will develop their understanding of the performing arts by examining the work of performing arts professionals and the processes used to create performance.

Component 2: Developing Skills and Techniques in the Performing Arts

Learners will develop their dance skills and techniques through the reproduction of dance and/or musical theatre repertoire as performers or designers.

Component 3: Responding to a Brief

Learners will be given the opportunity to work as part of a group to contribute to a workshop performance as either a performer or a designer in response to a brief and stimulus.

Tech Awards are Level 1/Level 2 courses that are of the same size and rigour as GCSEs.

Type of Qualification

BTEC Technical Award in Performing Arts (Dance)

<https://qualifications.pearson.com/en/qualifications/btec-tech-awards/performing-arts-2022.html>

Potential Careers

- Actor.
- Dancer.
- Musical theatre performer.
- Dance-, music- or drama- therapist.
- Theatre director.
- Screenwriter.
- Arts administrator.
- Theatre stage manager.

Progression to 6th Form

The course provides a solid foundation for studying dance in the Sixth Form.



Frequently Asked Questions

Q: What happens if I get my choices in early?

A: The choices will not be processed until the deadline so there is no advantage to making early selections.

Q: What happens if I miss the deadline?

A: If you miss the deadline, the allocations process will have already begun and it is likely that you will miss out on some of your first choices

Q: Will I get all of my first choices?

A: Hopefully the majority of students will but it will depend on the subjects that were chosen. Some subjects are likely to be oversubscribed and that will mean some students may miss out on their first choice. This is why it is so important that reserve choices are carefully chosen.

Q: Can I study more than one subject in a box?

A: This is not possible as the subjects would run at the same time. All students will study one subject from each box.

Q: What if there is no subject I want to study in one of the boxes?

A: All students will study one subject from each box and so will have to make a first choice and a reserve choice. If you are struggling, start by rating the subjects against each other to rank them in order.