

Lesson	Week Beginning	Year 7	Year 8	Year 9
1	05 September 2022	Establishing and Managing Friendships	Energy Drinks and their Dangers	Healthy and Unhealthy Friendships
2	12 September 2022	Identifying and Managing Emotions	Habit and Dependence	Types of Behaviour and Communication
3	19 September 2022	Personal Strength and Development	Risks of Alcohol and Smoking	Risks and Influences Online and Offline
4	26 September 2022	Improving Study Skills	Medicinal and Recreational Drugs	Drugs and Alcohol
5	03 October 2022	Independent Travelling Safety	Using Medication Safely	Gang Culture
6	10 October 2022	Personal Safety and Basic First Aid	Promoting Positive Social Attitudes	Knife Crime
HT	17 October 2022			
7	24 October 2022	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
8	31 October 2022	Essential Skills	Work/Life Balance and Equality	Skills and Qualities
9	07 November 2022	What is CEIAG?	Challenging Stereotypes: Pay Gap	How to Demonstrate Strengths
10	14 November 2022	Skills and Qualities	Types of employment	Managing Emotions in the Workplace
11	21 November 2022	Identifying future careers aspirations	Goal Setting	P16 Options
12	28 November 2022	Challenging Stereotypes: Careers	Options For Year 9	Year 10 Options
13	05 December 2022	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
14	12 December 2022	Identity and Rights	Influences on Beliefs and Decisions	Types of Families
HT	19 December 2022			
HT	26 December 2022			
15	02 January 2023	Living in a Diverse Society	Self Worth and Self Confidence	Types of Parenting
16	09 January 2023	Challenging Stereotypes: Diversity	Gender Identity	Positive Family Relationships
17	16 January 2023	Bullying and Cyberbullying	Equality Act and Protected Characteristics	Types of Conflict
18	23 January 2023	Being an Upstander (Response)	Challenging Discrimination: Gender	Conflict Resolution Strategies
19	30 January 2023	Supporting Others	Challenging Discrimination: Racism	Managing Family Changes
20	06 February 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
21	13 February 2023	The Importance of Sleep	Challenging Stereotypes: Mental Health	Links Between Physical and Mental Health
HT	20 February 2023			
22	27 February 2023	Having a Healthy Diet	Daily Wellbeing	Work Life Balance
23	06 March 2023	Personal Hygiene	Developing Resilience: In Person	Healthy Eating
24	13 March 2023	Dental and Physical Health	Developing Resilience: Digital	Influences on Body Image
25	20 March 2023	FGM	Healthy and Unhealthy Coping Strategies	Taking Responsibility for Your Health
26	27 March 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
HT	03 April 2023			
HT	10 April 2023			
27	17 April 2023	Developing Self Worth	Forming Positive Relationships	Sexual Choices
28	24 April 2023	Types of Positive Relationships	Gender vs Sex	Consent: Misconceptions, Capacity and Rights
29	01 May 2023	Relationships and Gender	Consent: The Law	STDs and Safer Sex
30	08 May 2023	Challenging Stereotypes: Media	Sexting	Consequences of Unprotected Sex
31	15 May 2023	Expectations in Romantic Relationships	Contraception	Relationships in the Media
32	22 May 2023	Consent: Seeking and Communicating	Social Media and Online Grooming	Sexual Risks of Social Media
HT	29 May 2023			
33	05 June 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback
34	12 June 2023	Roles of Citizens, Parliament and Monarchs	The Political System	Legal and Illegal Financial Activities
35	19 June 2023	British Law	How Parliament Works	Risk and Financial Activities
36	26 June 2023	Community Links	How The Justice System Works	Living On Your Own: Types of Accommodation
37	03 July 2023	Money Choices: Borrowing, Budgeting, Spending	Human Rights	Living On Your Own: Bills and Utilities
38	10 July 2023	Assessment and Feedback	Assessment and Feedback	Assessment and Feedback